**KINES 469W**

**SCOPE and SEQUENCE – Middle School Physical Education**

**Name: Eric Halahan**

|  |  |  |  |
| --- | --- | --- | --- |
| **UNIT** | **Grade**  **6** | **Grade**  **7** | **Grade**  **8** |
| Dance  Line Dancing  Stomp  Yoga  DDR | X  X  X | X  X  X  X | X  X  X |
| Fitness  Weightlifting  Kickboxing  Pilates | X | X  X | X  X  X |
| Net Games  Volleyball  Tennis  Badminton | X  X | X  X | X  X  X |
| Territorial Games  Lacrosse  Soccer  Basketball  Ultimate Frisbee  Field Hockey | X  X  X  X | X  X  X | X  X  X  X |
| Individual  Mountain Biking  Gymnastics/Tumbling  Fencing  Hiking  Field Day  Striking and Fielding  Baseball  Softball  Kickball  Cricket | X  X  X  X  X  X  X | X  X  X  X  X  X  X | X  X  X  X  X  X  X |

**KINES 469W**

**Scope and Sequence Project**

**Name: Eric Halahan**

**Time Per Unit – Grade \_\_\_(x-add grade here)\_\_\_ from Middle School**

**(for Yearly Calendar: use form that you feel most comfortable with)**

|  |  |
| --- | --- |
| **UNIT – for Grade (x)** | **# Weeks Offered** |
| Dance  Line Dancing  Yoga  DDR | (4)  1  1  2 |
| Fitness  Weightlifting  Kickboxing  Pilates  Net Games  Volleyball  Tennis  Badminton  Territorial Games  Lacrosse  Soccer  Ultimate Frisbee  Field Hockey | (4)  2  1  1  (5)  2  2  1  (6)  1  1  2  2 |
| Individual  Mountain Biking  Fencing  Hiking  Field Day  Striking and Fielding  Baseball  Softball  Cricket  Fitness Testing | (7.5)  2  2  2  1.5  (7)  2  3  2  1.5 |
| **TOTAL** | **(33.5)** |

**HOW DID YOU ARRIVE AT YOUR “TOTAL” NUMBER OF WEEKS, BOTTOM AT LEFT? SHOW HERE:**

**There are 177 school days at State College**

**Take off 5% (Field Trips, etc.)**

**Therefore 9 days will not be receiving P.E**

**In order to get the correct amount of weeks take 169.15 / 5=33.63**

**Which leaves me with 168 days or 33.5 weeks to teach.**

**168.15**