**KINES 469W**

**SCOPE and SEQUENCE – Middle School Physical Education**

**Name: Eric Halahan**

|  |  |  |  |
| --- | --- | --- | --- |
| **UNIT** | **Grade****6** | **Grade****7** | **Grade****8** |
| Dance Line DancingStompYogaDDR | XXX | XXXX | XXX |
| FitnessWeightliftingKickboxingPilates | X | XX | XXX |
| Net GamesVolleyballTennisBadminton | XX | XX | XXX |
| Territorial GamesLacrosseSoccerBasketballUltimate FrisbeeField Hockey | XXXX | XXX | XXXX |
| Individual Mountain BikingGymnastics/TumblingFencingHikingField DayStriking and FieldingBaseballSoftballKickballCricket | XXXXXXX | XXXXXXX | XXXXXXX |

**KINES 469W**

**Scope and Sequence Project**

**Name: Eric Halahan**

**Time Per Unit – Grade \_\_\_(x-add grade here)\_\_\_ from Middle School**

**(for Yearly Calendar: use form that you feel most comfortable with)**

|  |  |
| --- | --- |
| **UNIT – for Grade (x)** | **# Weeks Offered** |
| DanceLine DancingYogaDDR | (4)112 |
| FitnessWeightliftingKickboxingPilatesNet GamesVolleyballTennisBadmintonTerritorial GamesLacrosseSoccerUltimate FrisbeeField Hockey | (4)211(5)221(6)1122 |
| IndividualMountain BikingFencingHikingField DayStriking and FieldingBaseballSoftballCricketFitness Testing | (7.5)2221.5(7)2321.5 |
| **TOTAL** | **(33.5)** |

**HOW DID YOU ARRIVE AT YOUR “TOTAL” NUMBER OF WEEKS, BOTTOM AT LEFT? SHOW HERE:**

**There are 177 school days at State College**

**Take off 5% (Field Trips, etc.)**

**Therefore 9 days will not be receiving P.E**

**In order to get the correct amount of weeks take 169.15 / 5=33.63**

**Which leaves me with 168 days or 33.5 weeks to teach.**

**168.15**